

Program schedule of International Conference on “Revival of Mental Health in COVID -19 Era”

10:00 AM	Inaugural		
	Welcome Address	Dr Dharamveer	
	Introduction to Theme of Seminar	Dr. Shivani Ghildiyal	
	Address by Chief Guest	Prof. Tanuja Nesari	
	Address by Guest of Honour	Prof. Abhimanyu Kumar	
	Address by Guest of Honour	Dr Arun Budhiraja	
	Vote of Thanks	Prof. V.D Aggarwal	
Coordination of inaugural Dr. Pramod Yadav			
10:30 AM	Session I		
	Keynote Speaker	Dr. Meenakshi Gupta	15 min
	Keynote Speaker	Prof. J S Tripathi	15 min
11:00 -11.25 AM Free paper presentation			
S.No	Name of Presenter and College	Topic	Time
1	Abstract ID: 1002 Dr. Ajay Kumar Nayak P.G. Scholar Department of <i>Shalakyatantra</i> , National Institute of Ayurveda, Jaipur.	Revival of mental health through <i>Nasya Karma</i> .	05 Minute
2	Abstract ID: 1001 Dr. Arshath Jyothi Post Graduate Scholar, Department of Kayachikitsa, All India Institute of Ayurveda, New Delhi	Impact of holistic Ayurvedic approach in the management of Stress, Anxiety, depression in SARS-Cov 2/ COVID-19 patients- A Pilot observational study	05 Minute
3	Abstract ID: 1003 Dr Arpita C Raj MD(Ayurveda), State Ayurveda Medical College & Hospital , Lucknow	Relevance of Ayurveda For Muddled Mental Health of Women"	05 Minute
4	Abstract ID: 1004 Dr. Kanchan Bala, P.G.Scholar, Kayachikitsa Department, IPGT&RA, GAU, Jamnagar	Mental Health In Covid-19 Era	05 Minute
5	Abstract ID: 1005 Dr. Katarmal Durga Harishbhai, Ph.D. Scholar,P.G. Dept of Shalyatantra, National	A Critical Appraisal of Mental Health W.S.R. to Gut Brain Axis	05 Minute

	Institute of Ayurveda , Jaipur.		
Session Coordinator, Dr. Bhargav Bhide			
Rapporteur: Dr Niranjan Ram			
11:25 AM- 12.10 PM	Session II		
	Keynote Speaker	Dr. Bharati	15 min
Free paper presentation			
S.No	Name	Topic	Time
1.	Abstract ID: 1007 Dr. Narsingh Patel, P.G. Scholar, department of <i>Agad Tantra</i> , National institute of Ayurveda, Jaipur.	Role of Ayurvedic medicine in regulation of oxidative stress	05 Minute
2.	Abstract ID: 1008 Dr. Neelam Gupta Assistant professor & HOD, Department of Rog Nidan, A&U Tibbia College and Hospital, Karol Bagh New Delhi.	Importance of Trayoupsthambha for revival of mental health in covid -19 era	05 Minute
3.	Abstract ID: 1009 Dr. Shweta Chopra P.G. Scholar, P.G. Department of <i>Maulika Siddhanta & Samhita</i> , National Institute of Ayurveda, Jaipur	Revival of mental health with <i>Satvavajay</i> therapy in Covid- 19 era	05 Minute
4.	Abstract ID: 10016 Shankar Lal Jat MD Scholar, Katarmal Durga ² Department Of Kriya Sharir, Mmm Govt. Ayurveda College, Udaipur	Psychological Effect of Covid-19 On The Mental Health	05 Minute
5.	Abstract ID: 10017 Dr Sunita Yadav P.G. Scholar, Department of Agad Tantra, National Institute of Ayurveda, Amer road, Jaipur, 302002	Integrative Approach In Ayurveda For Mental Health Status Aimed Covid-19.	05 Minute

6.	Abstract ID: 10014 Dr Kajal P.G , Scholar, Department of Dravyaguna , All India Institute of Ayurveda, New Delhi	MedhyaRasayana of Charak for Revitalizing Mental Health in COVID-19 pandemic: Analysis & Prospects	05 Minute
Session Coordinator, Dr.ShivaniGhildiyal			
Rapporteur: Dr Kajal			
12:10 PM- 12:50 PM	Session III		
	Keynote Speaker	Prof. VD Aggarwal	15 min
Free paper presentation			
S.No	Name	Topic	Time
1.	Abstract ID: 10015 Dr. Shagufta Raahat. 2 nd year PG scholar, Department of Rognidan evum vikirti Vigyan, AIIA, New Delhi.	Psychological distress and COVID -19 pandemic : An Ayurvedic approach	05 Minute
2.	Abstract ID: 10010 Dr Somlata Jadoun, Dept. of Sharir Rachana, National Institute of <i>Ayurveda</i> , Jorawar Singh Gate, Amer road, Jaipur, 302002, Rajasthan	Anatomical Exploration of <i>Shavasana</i> and its physical and mental benefits	05 Minute
3.	Abstract ID: 10011 Dr. Sunil Hariram Pal M.D. Scholar, 2 nd Year Kayachikitsa, A.S.S. Ayurved Mahavidyalaya Arogyashala Rugnalaya, Panchavati, Nashik-422003	Psychological Impact of COVID-19 w.s.r.to Depression – A Conceptual Study on Manovahasrotas	05 Minute
4.	Abstract ID: 10012 Dr Geetanjali Tiwari PG Scholar, Dept. of Kriyasharir, PtKhushilal Sharma Ayurvedic college and hospital, Bhopal.	A Review on Role of RasayanTherapy in Mental Health Wsr Covid_19.	05 Minute

5	Abstract ID: 10020 Dr Sumedh Joshi Department of Dravyaguna AllIndia Institute of Ayurveda, New Delhi	Mundi (<i>SphaeranthusIndicus</i> Linn.) : A Novel Herb To Combat Anxiety Disorders In COVID -19 Pandemic	05 Minute
12:50 PM-01.25 PM	Session IV		
	Keynote Speaker	Prof. KK Kohli	15 min
Free paper presentation			
1	Abstract ID: 10018 VD. Sheenam, PhD Scholar, Department of Shalakyatantra, N.I.A, Jaipur	Ayurvedic Approach For Amelioration of Mental Health In COVID -19 Era	05 Minute
2	Abstract ID: 10019 Dr Vishal Kumar Department of Dravyaguna AllIndia Institute of Ayurveda, New Delhi	<i>Sankhapushpi</i> (<i>Convolvuluspluricaulis</i> Choisy); A Panacea to combat psychological burden during COVID 19 pandemic	05 Minute
3	Abstract ID: 1006 Dr. Minu Yadav, MD Scholar, PG Department of Panchakarma, National Institute of Ayurveda, Jaipur, Rajasthan, India	Mental Health Revival In Covid-Era Through Panchakarma And Yoga	05 Minute
5.	Abstract ID: 10013 Harshitha K S P G Scholar, National Institute of Ayurveda, Jaipur	A Pragmatic Plan For The Mental Health Consequences During Covid-19 Through Ayurveda	05 Minute
1.30 PM-2.00 PM	Valedictory ceremony		
	Address by	Dr. Ramakant Yadava	
	Vote of Thanks	Prof. Mahesh Vyas	
	Session Coordinator, Dr. Shalini Rai		

