



**WORLD MENTAL HEALTH DAY**



International Conference  
on

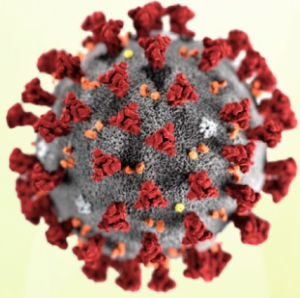
**Revival of Mental Health**

in

**Covid-19 Era**

Limited  
Seats

**10.10.2020**  
(10.00 am -2:00 pm)



**Chief Guest**

Prof. Abhimanyu Kumar,  
Vice-Chancellor,  
Jodhpur Ayurveda University,  
Rajasthan

**Guest of Honor**

Prof. Tanuja Manoj Nesari,  
Director, AIIA, New Delhi



All Participants will be awarded  
by the Digital Certificate of Participation

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**All India Ayurvedic Specialist (PG) Association**



Selected papers will be published in

International Journal of Research in Medical Science and Technology  
(e-ISSN:2455-5134,p-ISSN:2455-9059)

[www.ijrmst.com](http://www.ijrmst.com)



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## ABOUT THE AIA (PG) ASSOCIATION

All India Ayurveda Specialist (P.G) Association also named as “AkhilBhartiya Ayurveda Visheshajna (Snatkottar) Sammelan” had been established in 1978 and registered as a society in New Delhi vide Registration no. 10211 dated 4.5.1979. This Association is committed to propagate Ancient wisdom of Ayurveda through organization of various conferences, Seminars, Lectures, webinars (National and International), exhibitions and essay competitions. This is a unique organization having all post graduate members to provide an opportunity to sharer views,clinical experiences and updates them with latest advancements. AIA (PG) Association has also taken a lead in running country based Ayurvedic specialties camps in various parts of our country.The organization gives a worthy platform to academicians, researchers and practitioners to discuss relevant issues and pave a path in developing new approaches and policies in the benefits of humanities also working to represent various problems being faces by Ayurveda to the notice of the Government authorities. The ultimate beneficiary of all those activities is the consumer of health services. This Association is purely scientific, social, cultural organization and has no political alliances. The association is always ready to work for the upliftment and globalization of Ayurveda and welfare of Ayurvedic Graduates and Post Graduates.

## ABOUT ICONFERENCE

Iconference is one of the leading organizations in organizing conferences and seminars, based in the New Delhi. IConference had been established with the commitment to promote research and education through national and international conferences, webinars, workshops. Our seminars are related to academics and research subjects, such as, Engineering, Technology, Humanities, Medical Science, General Science and Business Management.

We provide international scientific forum for exchange of new ideas in a number of multidisciplinary fields that interact in-depth through discussion with the colleagues from around the world. We provide the ideal opportunity to bring together professors, researchers, graduates, post-graduates students of different disciplines, discuss new issues, and discover the most recent development in the relevant fields.

Being one of the best organizations, we work on a global level and are associated with many renowned universities and journal publishers.

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**Registration  
Fee:  
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**Free for AIAS(PG)A &  
IConference Members**



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**Conference Date: 10th October, 2020 (World Mental Health Day)**

**Last Date for Submission of Abstract: 3rd October, 2020**

**Last Date for Submission of Full Paper: 7th October, 2020**

**Last Date of Registration: 9th October, 2020**

## ABOUT THE CONFERENCE

As countries introduce measures to reduce the spread of COVID-19, the new realities of working from home, temporary unemployment, home-schooling of children, lack of physical contact with other family members, friends, colleagues and fear of infection of COVID-19 virus has created negative impact on mental status. Data reveals that mental health issues are on rise in the present COVID-19 era.

Ayurveda the ancient science of life has given due importance to health promoting practices (swasthvrta), correct behavior (sadvrta) and Ayurvedic psychotherapy (Sattvavajaya). Ayurvedic science more concentrated on the aspect of mind, body and soul and thus molded the system of Ayurveda as treating process combining both mind and body. It also declares that health is the result of pure body, happy soul and selfless mind.

It teaches us how to rediscover critical knowledge and awareness of the natural forces and rhythms that compliment and strengthen our human experience, through the understanding of the psyche, our inner experiences and also involving practical daily activities thorough attention to our total environment to bring about radical changes in our mental outlook and in physical health.

Thus keeping these facts in mind All India Ayurveda Specialist (P.G) Association & IConference is organizing International webinar on "Revival of Mental Health in COVID-19 Era.

The objective of webinar will be:

1. To gather academicians, practitioners and scientists at one platform to discuss the potential of Ayurveda for Revival of Mental health.
2. To provide opportunity for Ayurveda scholars to discuss various dimensions of mental health in COVID-19

## Speakers

**Dr Meenakshi Gupta,**  
Ayurveda Practitioner,  
USA

**Prof. J.S. Tripathi,**  
Department of Kayachikitsa,  
BHU, Varanasi

**Prof. K.R Kohli,**  
Director,  
Ayurveda Health Services,  
Maharashtra

**Dr Bharati,**  
Director,  
Central Ayurveda Research  
Institute for Cardiovascular Diseases

**Prof V. D Aggarwal,**  
Ex-Professor,  
General Secretary,  
All India Ayurveda Specialist (PG) Association.  
Department of Kayachikitsa, AIIA, New Delhi



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## GUIDELINES FOR ABSTRACT SUBMISSION

### ABSTRACT

Four Scientific Sessions are planned during the webinar, where eminent speakers will share their views in the field of revival of mental health in COVID 19 era through Key Note speeches and Free Oral Presentations on the theme is also included.

### Call for papers:

Original unpublished research papers from scientists and scholars are invited for the presentation in the webinar. The received abstracts will be screened preliminarily for the suitability with the theme and shortlisted ones will be communicated in advance. For every free paper, oral presenter will get about five minutes time. Two best papers will be adjudicated during the event.

### Format for abstract submission:

Original, unpublished structured abstracts in MS word, Times New Roman fonts, 12 pts, 1½ line space, not exceeding 250 words. The abstract should include- Title, Name(s) of the author(s), Affiliations, Communicating details, Theme (under which abstract is being submitted), Structured abstract, Key words (3-5)

Submission of abstract to the following e-mail id: [iconferenceindia@gmail.com](mailto:iconferenceindia@gmail.com)

### PUBLICATION OF ABSTRACTS/FULL LENGTH PAPERS

Some selected papers of conference will be published in International Journal of Research in Medical Sciences and Technology (IJRMST) as per the norms of the journals. All accepted abstracts will be published in Conference Proceeding/Souvenir. Publication fee for the journal to be paid by the author. No fee is to be paid for publication of abstract in the Conference Proceeding/Souvenir.

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